

# Academy Of



# Course Prospectus

**Principal: Celia Fuller**

Nationally Recognised  
Life Coach, Natural Therapist,  
Clairvoyant Counsellor, Healer  
And Spiritual Teacher

VTA Approved Trainer



# Courses

## Beginners to Practitioner Levels

### Certificate Parapsychology & Metaphysical Studies Level 1

One weekend Course & 6 Months Mentoring & Study  
Foundation Course: All future courses build upon this foundation

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### Certificate Parapsychology & Metaphysical Studies Level 2

Two weekends & 6 Months Mentoring & Study  
Course 1: Parapsychology & Metaphysical Studies Level 2  
Course 2: Blueprint Healing  
Prerequisite: Para & Metaphys Level 1

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### DIPLOMA Parapsychology & Metaphysical Studies

Two Weekend Courses & 6 Months Mentoring & Study  
Course 1: Mind Melding & Data Retrieval  
Course 2: Parapsychology & Metaphysical Studies Level 3  
Prerequisite: Cert Para & Metaphys Level 2

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### DIPLOMA Advanced Blueprint Healing

One Weekend Course & 3 Months Mentoring & Study  
Course 1: Advanced Angelic Blueprint Healing  
Prerequisite: Dip Para & Metaphys

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### DIPLOMA Wholistic Lifestyle Consultant

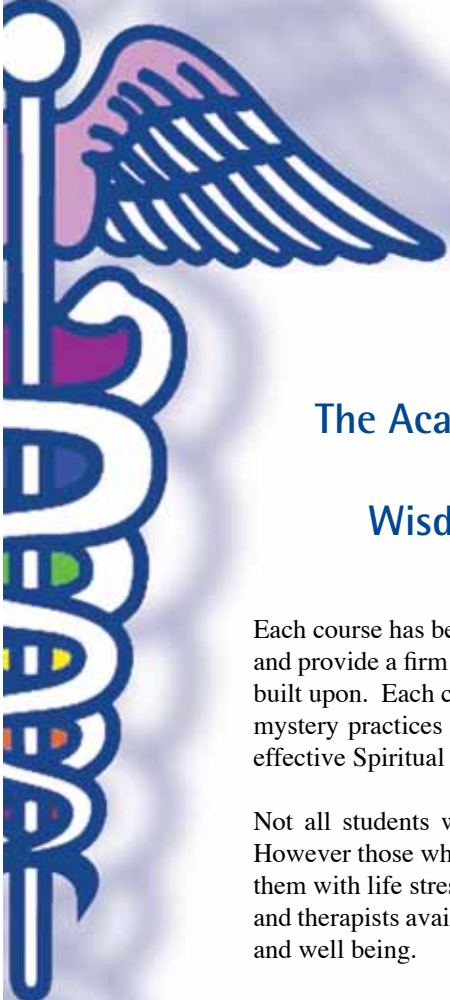
Diploma Awarded at the Teachers discretion.  
Personalised business support & development  
Prerequisite: Dip Adv Blueprint Healing

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### DIPLOMA of TEACHING

Parapsychology & Metaphysical Studies  
Prerequisite: Diploma Wholistic Lifestyle Consultant  
Two weekends & 6 Months Mentoring & Study  
Course 1: Group Dynamics  
Course 2: Client Counselling Sessions  
Prerequisite: Dip Wholistic Lifestyle Consultant

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## The Academy of Wholistic Lifestyles was created to bring Wisdom, Power and Insight to the Spiritual Seeker.

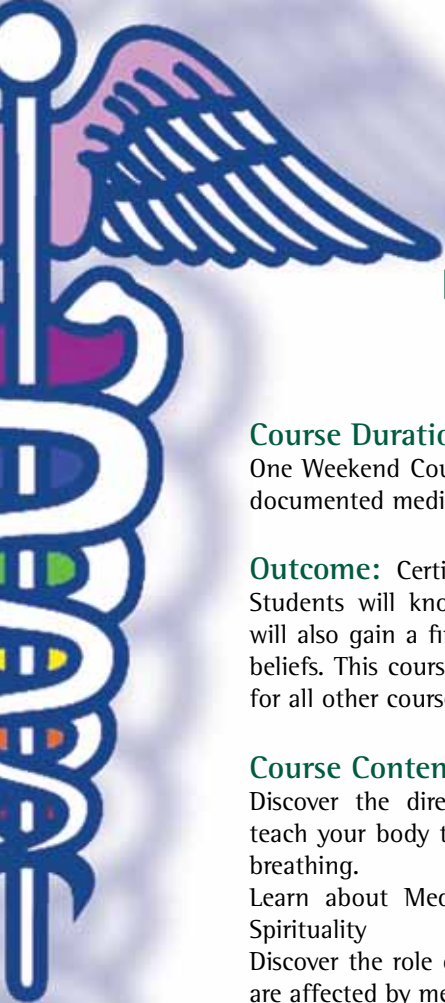
Each course has been designed to awaken knowledge within the seeker and provide a firm foundation to which all other spiritual studies can be built upon. Each course of study progresses the student into the deeper mystery practices with the intention to encourage students to become effective Spiritual Practitioners of the Healing and Clairvoyant Arts.

Not all students will choose to become practitioners for the public. However those who begin these studies will always gain skills to assist them with life stresses and give them insight into the types of therapies and therapists available to them and their families for their future health and well being.

The course material weaves and blends many belief systems into one and encourages students to read, research and study other philosophies and cultural beliefs in order to accept all people and their beliefs with respect and non-judgment.

It is my intention to teach and assist as many people as possible to reach their potential and begin a path of self-awareness, growth and emotional freedom.

*Blessed Be*  
*Celia Fuller*  
*Principal*



# Certificate Parapsychology & Metaphysical Studies

Level 1  
Presented by CELIA FULLER

**Course Duration:** 6 months

One Weekend Course followed by 6mths of Distance Mentoring and documented meditations using Academy's CD. 'Sacred Silence'

**Outcome:** Certificate of Parapsychology & Metaphysical Studies  
Students will know how to use meditation to relieve stress. They will also gain a firm understanding of Eastern and Western mystical beliefs. This course lays down an intense framework and foundation for all other courses.

**Course Content:**

Discover the direct health benefits of relaxation techniques and teach your body to relax. You will learn the health benefits of Yoga breathing.

Learn about Meditation and its link to Stress Management and Spirituality

Discover the role of the different Brain Wave Patterns and how they are affected by meditation.

Learn how breathing is the most powerful tool in meditation.

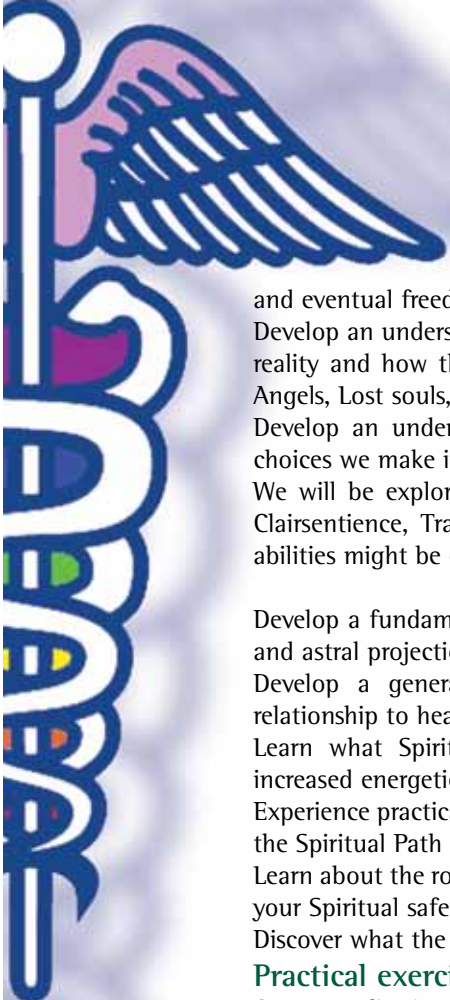
Learn how your Intuition and Inner potential can be unlocked.

Explore concepts of the Creative process and how we have come to live a physical life.

Explore the concepts surrounding Eastern Mysticism and beliefs and how other strains of religious thought have similar beliefs.

Learn about Reincarnation, Karma, Enlightenment and the dying process.

Discover why Buddhism focuses on the overcoming of attachments, addictions and desires and how that relates to our spiritual evolution



and eventual freedom from suffering.

Develop an understanding of the many dimensions within the created reality and how they may affect us. Over Soul, Guides, Higher Self, Angels, Lost souls, Poltergeist and other paranormal phenomenon.

Develop an understanding of Past lives, the birth process and the choices we make in this life.

We will be exploring the definitions of Clairvoyance, Clairaudience, Clairsentience, Trance Mediumship and Channelling and how those abilities might be experienced.

Develop a fundamental understanding of Astral travel, the silver cord and astral projection.

Develop a general understanding of the Human Aura and it's relationship to health and disease.

Learn what Spiritual Development means and its relationship to increased energetic frequencies and vibrational status

Experience practical exercises and visualisations to help protect you on the Spiritual Path

Learn about the role of the Spiritual Doorkeeper and its relationship to your Spiritual safety, evolvment and wellbeing.

Discover what the awakening process is.

### **Practical exercises:**

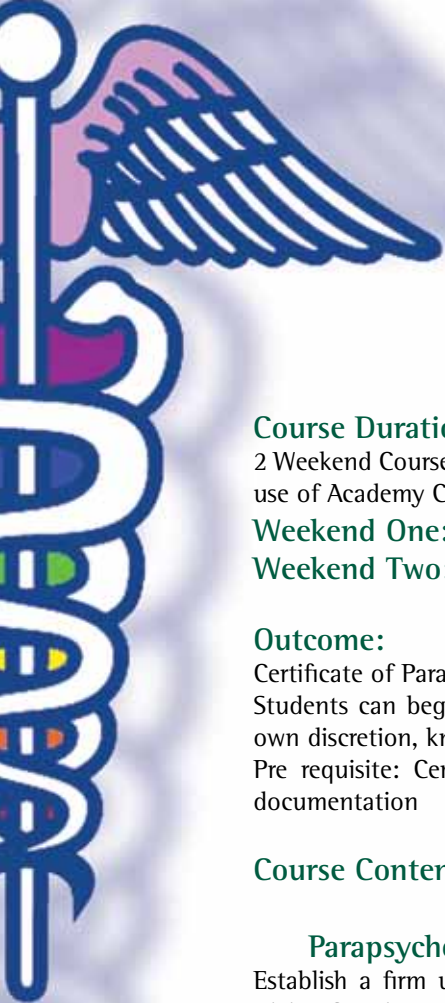
Group meditations focussing on breathing and relaxation techniques for

Stress Management and Energetic strengthening of the Aura.

Spiritual Doorkeeper Connection. Tibetan Egoless Healing exercises

Question and Answer times

*Special Note: The Academy of Wholistic Lifestyles is not a Government Recognised Training Institution. However the course is run by a Government recognised trainer and can be used for tax benefits if you are currently working in the health fields.*



# Certificate Parapsychology & Metaphysical Studies Level 2

**Course Duration:** 6 months

2 Weekend Courses & 6 months Distance Mentoring with documented use of Academy CD 'Angelic Healing' & 'Life Review'

**Weekend One:** Parapsychology and Metaphysical Studies 2

**Weekend Two:** Blueprint Healing

## **Outcome:**

Certificate of Parapsychology & Metaphysical Studies Level 2

Students can begin to use their skills on friends and clients at their own discretion, knowing their limits and when to refer on.

Pre requisite: Cert 1 Parapsychology & Metaphysical Studies and documentation

## **Course Content:**

### **Weekend Course One**

#### **Parapsychology & Metaphysical Studies Level 2**

Establish a firm understanding that the body is the 'Temple of the Divine Creative Force'

Develop a fundamental understanding on how energetic healing works. The why and the how.

Develop a general understanding of Psychology and the Mind- Body connection.

Discover different natural therapies that aid the process of growth and healing.

Learn effective methods to gain insight into negative thought patterns using dreams, past life therapy and visualisation.

Learn how Paranormal influences can affect our mental and emotional



health.

Discover the Soul chakras, Astral bodies, akashic records and the Human Blueprint.

Learn to effectively complete a chakra diagnosis and repair routine

Discover and understand the elements : Earth Water Air Fire.

Understand the Angelic and Elemental Kingdom's role in all healing

Learn to effectively facilitate a Spiritual Healing Session

Learn about the power of the spoken word, emotion projection and the effect it has on ourselves and others. Recognise how you create your own reality through words and thought.

Creative manifestation and Personal Responsibility

Learn what happens to all facets of relationships when you begin to transform the inner self.

### **Practical Exercises:**

Tibetan meditations, Feeling and perceiving the Aura

Chakra Rebuilding and Repair. Self chakra diagnosis using kinesiology

Questions and Answers

### **Weekend Course Two**

#### **Blueprint Healing**

Develop an in-depth understanding of psychology in relationship to subconscious belief systems, conditioning, programming, behaviours and life attitudes.

Discover the role Past lives have on our current day life attitudes and reality

Discover how beliefs about ourselves, situations and others, directly effect our health and human interactions.

Discover how karmic connections from past lives create attracting or repelling behaviour towards others. Come to understand how past links can be triggered in this life and dormant memories can



be activated creating stresses, ill health, phantom illness and unusual mental processing.

Understand the hidden power plays behind all human interactions.

Learn how the Auric field interacts with others in relation to power plays, love connections and psychic attack.

Discover the Thymus gland and its link to our destiny and the Soul records

Understand the timeline (Destiny Line ) and how we use it to facilitate the Blueprint Healing method.

Learn what the Blueprint Records (Soul Records) are and how to access and re-programme them.

Learn how karmic power strands and past memories may present themselves to the practitioner.

Discover the power of words in relationship to Curses, Vows and Oaths.

Learn how to unravel and dismantle their negative power via Blueprint Healing

Discover the direct and continual teaching available to you via the Angelic Kingdom

Learn about the karmic influences involved with parenting

#### Practical Exercises:

Word dialoguing & Kiniesiology Testing, Group Dynamics Role play

Blueprint Healing Method

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# DIPLOMA Parapsychology & Metaphysical Studies

**Course Duration:** 6 months

**Two Weekend Courses**

**Weekend One:** Mind Melding & Data Retrieval with 6 months distance mentoring with documented use of Academy's CD 'Nature Melding' & 'Life Review'

**Weekend Two:** Parapsychology & Metaphysical Studies Level 3

**Outcome:**

DIPLOMA of Parapsychology & Metaphysical Studies

**Pre-requisite:**

Cert 2 . Parapsychology and Metaphysical Studies and documentation

## Mind Melding & Data Retrieval Weekend Course One

Discover your true self. The Christ within.

Learn the important role of the Higherself and the Ego.

Discover how they both relate to the enlightenment process

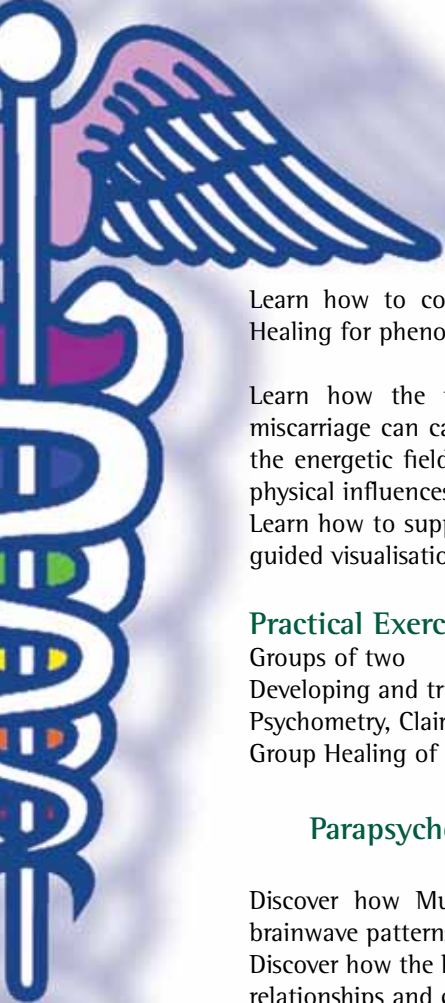
Learn how to access your Higherself for greater insight into your life and its relationship to clairvoyance, clairsentience, clairaudience

Learn to decipher and test the promptings and directions of the Inner Voice of the Higherself.

Learn how the Ego can mimic the Inner Voice

Learn how to meld your mind with another person or nature to develop psychic potential in order to offer insight, counselling and healing.

Discover how to use this skill for Past Life Memory Retrieval, Medical X-Ray Vision, consultations from a distance and spiritual journeys.



Learn how to combine the skills of Mind Melding and Blueprint Healing for phenomenal results

Learn how the premature loss of a child through abortion or miscarriage can cause a soul fragment of the baby to remain within the energetic field of the uterus causing a variety of emotional and physical influences.

Learn how to support a person with such loss with a combination of guided visualisations and Angelic Blueprint Healing.

### **Practical Exercises:**

Groups of two

Developing and trusting Intuition, Connection Meditation

Psychometry, Clairvoyance, Blueprint Healing, Angelic Connections.

Group Healing of lost Baby Fragments

## **Parapsychology & Metaphysical Studies Level 3 Weekend Course Two**

Discover how Music, sound and colour creates shifts within our brainwave patterns, thinking and emotional experiences.

Discover how the human aura interacts with its environment, personal relationships and community.

Discover how the human aura has an astral body that connects and resonates to specific vibrations of the immediate living area, community, state, country, World and Universe

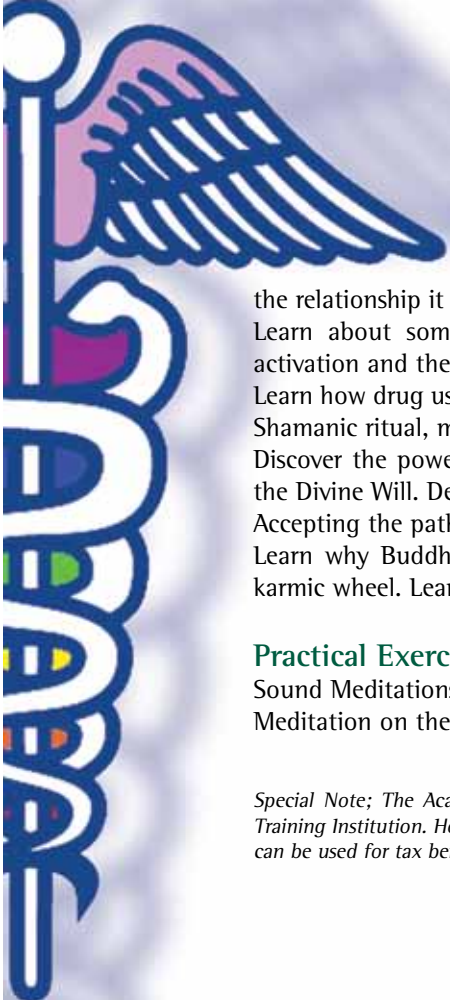
Learn about the power of nature and its ability to heal, teach, guide, protect and unlock powerful mystical insights.

Crop Circles and the theory behind their creation

Shamanism and Animal signs

Discover why humans and animals rely on the magnetic field of the Earth.

Learn about Kundalini Power. What its purpose is, how it works and



the relationship it has to health, healing and enlightenment.

Learn about some of the experiences that are part of Kundalini activation and the dangers that you need to be aware of.

Learn how drug use affects consciousness and the role it has played in Shamanic ritual, magic and mental illness.

Discover the power of Surrendering our Ego Will and connecting to the Divine Will. Developing Faith & trust.

Accepting the path, and the service for mankind.

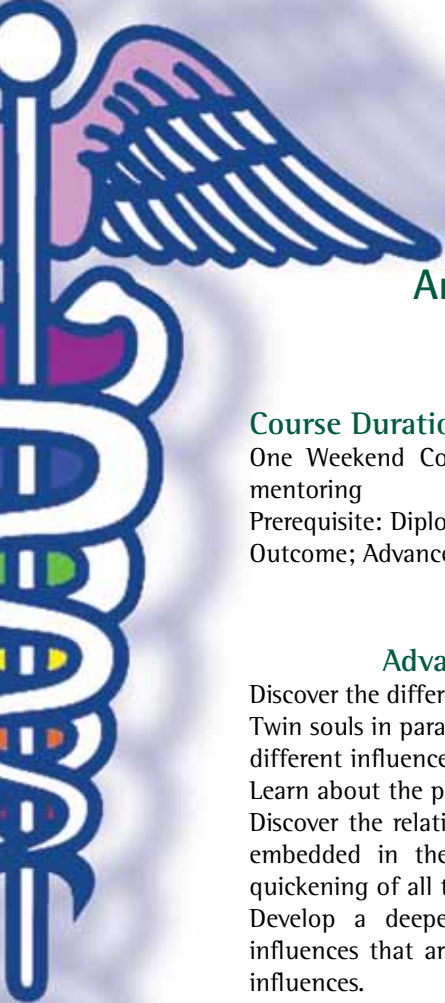
Learn why Buddhists focus on the death process and breaking the karmic wheel. Learn about breaking free from the Illusion.

### **Practical Exercises:**

Sound Meditations, Animal Totem Meditations

Meditation on the process of Death. Writing our Funeral Eulogy

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# Advanced Diploma Of Angelic Blueprint Healing

**Course Duration:** 6 months

One Weekend Course and one review day with 6 months phone mentoring

Prerequisite: Diploma of Parapsychology and Metaphysical studies

Outcome; Advanced Diploma of Blueprint Healing

## Course One

### Advanced Angelic Blueprint Healing

Discover the difference between Twin Souls, Soul Mates, Soul Partners, Twin souls in parallel and Souls with karmic connections. Discover the different influences these people might have on you.

Learn about the phenomena of Walk-Ins

Discover the relationship between Karmic Time Capsules (Seed Pods) embedded in the chakras, Kundalini activation and the spiritual quickening of all the astral bodies.

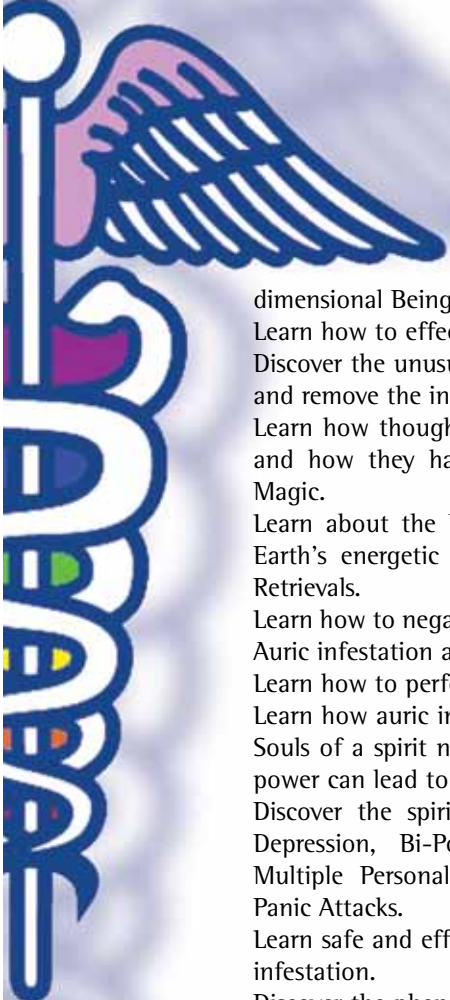
Develop a deeper understanding on the positive and powerful influences that are at your disposal to keep you safe from negative influences.

Discover the influences that may be impeding the healing process thus affecting your healing proficiency.

Learn what Ley Lines, Dimensional Doorways and Earth Chakras are and how they can affect our health and consciousness. Develop the skills to detect and repair them.

Learn what Soul Rescue is and how that relates to haunted houses, Spirit Attachments and Lost Souls. Learn the healing technique to move them on.

Learn the connection between Spells, Black Magic and other



dimensional Beings.

Learn how to effectively and safely remove those influences.

Discover the unusual effects of Aboriginal Spells, how to detect them and remove the influence.

Learn how thought forms can eventually become manifested Beings and how they have been used in spells, sexual rituals and Black Magic.

Learn about the Realm of the Underworlds and its relationship to Earth's energetic balance, Demonic Beings, Black Magic and Soul Retrievals.

Learn how to negate the influences of this shadow world in relation to Auric infestation and Soul Retrieval

Learn how to perform a Soul Retrieval.

Learn how auric infestation of Demonic Beings, Thought Forms, Lost Souls of a spirit nature and the incorrect activation of the Kundalini power can lead to diagnosis of mental illness.

Discover the spiritual perspective and potential healing of Severe Depression, Bi-Polar Manic Depressive Disorder, Schizophrenia, Multiple Personality Disorder, Obsessive Compulsive Disorder and Panic Attacks.

Learn safe and effective techniques to remove the influences of Auric infestation.

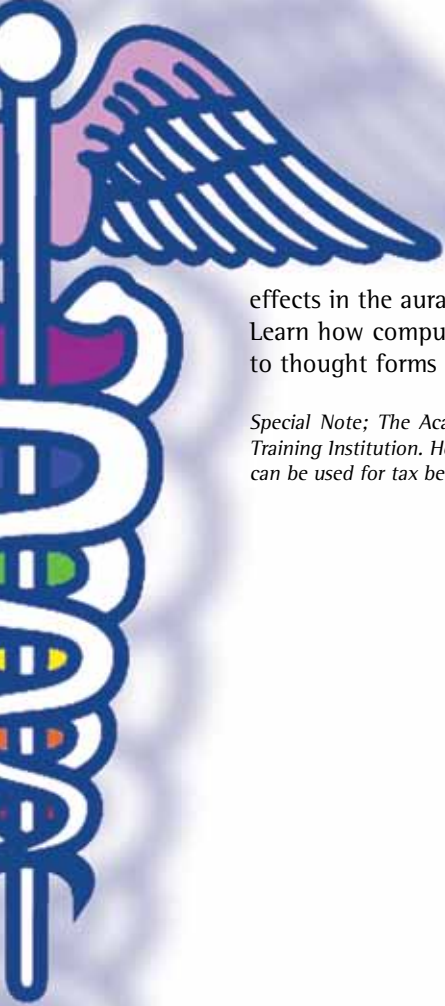
Discover the phenomenon of Etheric Alien Implants, where they have come from, why they are here and the human evolution into our full potential of 12 strands of DNA power.

Learn how to diagnose and dismantle an Etheric implant.

Discover the unusual phenomena of ET parasites and slugs

Learn about the addictive aspect of computers in relation to chat rooms, internet dating and porn sights and the hidden mind control element.

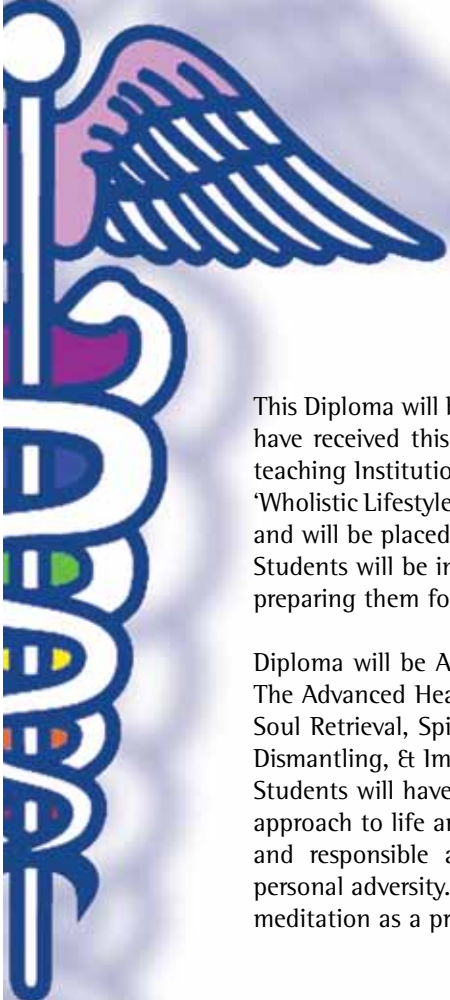
Discover how to diagnose internet mind control and use the power of Blueprint Healing and the Violet Flame to burn out the insidious



effects in the aura.

Learn how computers have a magnetic field and are attractive vessels to thought forms or opportunistic beings.

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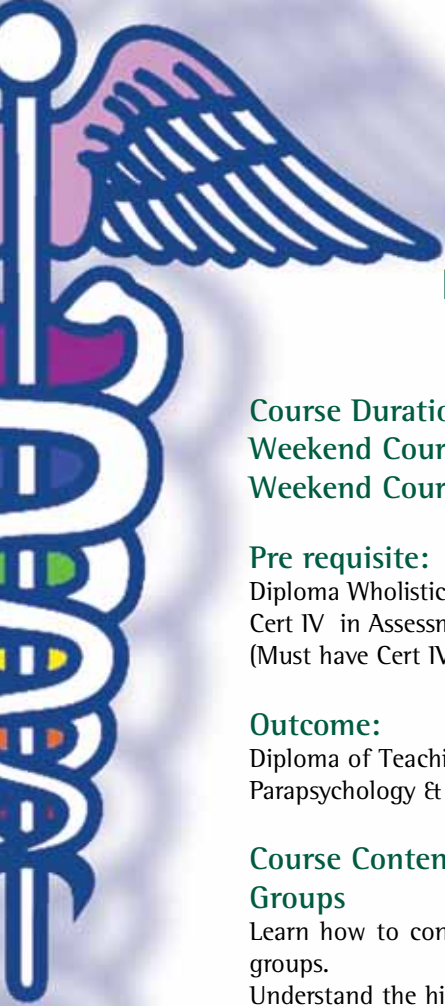
## Diploma

### Wholistic Lifestyle Consultant

This Diploma will be awarded at the teacher's discretion. Students who have received this award will be considered a direct example of this teaching Institution and can therefore use the Title of 'Wholistic Lifestyle Consultant' on Business Cards, Advertising Materials and will be placed in the Academy's referral booklet. Students will be invited to participate as an assistant in future classes preparing them for a Diploma of Teaching and also in Expos

Diploma will be Awarded to Students who have proven their skills in The Advanced Healing Techniques of Blueprint Healing, Soul Rescue, Soul Retrieval, Spirit Invasions, House Cleansing, Earth Healing, Spell Dismantling, & Implant Mind Clearings.

Students will have displayed the inner qualities of a non- judgmental approach to life and people. They would have displayed a committed and responsible approach to self awareness even in the face of personal adversity. These students would have committed to a path of meditation as a process towards continuing Self Realisation.



## Diploma Of Teaching

### Parapsychology & Metaphysical Studies

**Course Duration:** 6 months

**Weekend Course One:** Group Dynamics

**Weekend Course Two:** Client Counselling Sessions

#### **Pre requisite:**

Diploma Wholistic Lifestyle Consultant  
Cert IV in Assessment and Workplace training  
(Must have Cert IV before Diploma is issued)

#### **Outcome:**

Diploma of Teaching  
Parapsychology & Metaphysical Studies

#### **Course Content:**

##### **Groups**

Learn how to construct an effective training manual for meditation groups.

Understand the hidden energetics involved in running a development group

Understand and effectively manage group dynamics

Understand the complex psychological structure of a group and the emotional needs of the individual.

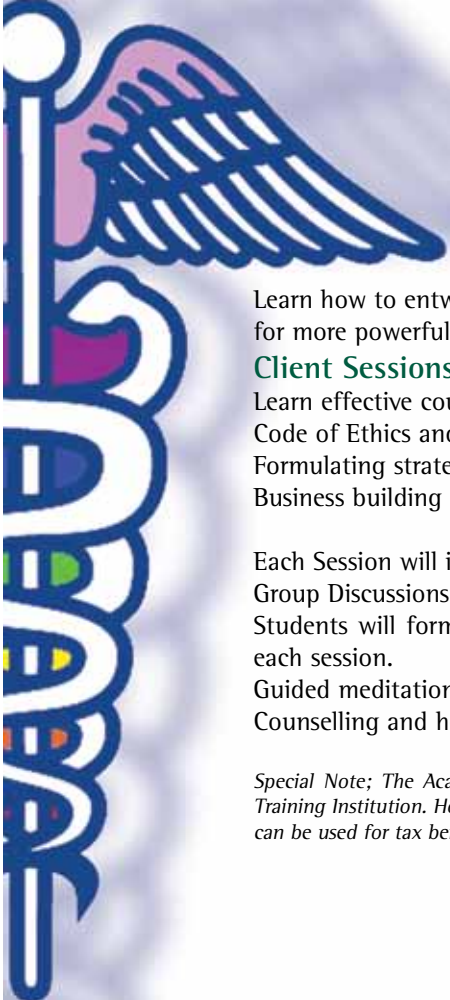
Learn about power plays within the group.

Understand the progression in Spiritual development and know when information has become too intense for the individual

Awareness of your own ego needs and shifts in power.

Identify your need to seek another health professional for personal insight





Learn how to entwine Universal Symbolism within guided meditations for more powerful results

### Client Sessions

Learn effective counselling techniques using spiritual psychology.

Code of Ethics and Confidentiality.

Formulating strategies of self help with the client

Business building and marketing strategies

Each Session will involve

Group Discussions and Question and Answer times.

Students will formulate their own guided meditations to be used in each session.

Guided meditations will be conducted by the students.

Counselling and healing sessions will be conducted by the students

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*At the Pinnacle  
of all  
Human Experience  
there is  
Love.*

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